

Goodness in Action

A monthly newsletter from
the Sisters of Notre Dame de Namur
U.S. East-West Province



October 2025 Updates

Prayers for All Souls'

The Sisters of Notre Dame de Namur invite you to join us in prayerful remembrance on All Souls' Day and throughout the month of November. During this time, we entrust those who have gone before us to God's care, honoring their memory and celebrating the promise of eternal life. Please know that our Sisters will lift your loved ones in daily prayer within the *Notre Dame Circle of Prayer and Remembrance*.

[Share the names of your loved ones with us today.](#)

ALL SOULS' DAY
November 2, 2025

Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May their souls and all the souls of the
faithful departed, through the
mercy of God, rest in peace. Amen.

 SISTERS OF NOTRE DAME DE NAMUR
Making known God's goodness

[Make a Gift](#)

National Vocations Awareness Week, Nov. 2-8

JOIN US ON THE
Journey
OF A LIFETIME



 SISTERS OF NOTRE DAME DE NAMUR
Making known God's goodness

We are excited to celebrate National Vocations Awareness Week, November 2-8!

Watch our social channels for information and resources on discernment and the Sisters of Notre Dame de Namur—women of courage who have answered God's call. Our vocations promoter, Sabrina Harper, would love to connect and answer questions about religious life. Contact her at vocations@ewsndden.org. [Read more on our website.](#)

Journey with St. Julie - Monthly Zoom

Be sure to mark your calendar for our next Journey with St. Julie Zoom meeting on Wednesday, November 12. Sister Yvonne Bondi, SNDdeN will share insight into St. Julie's charism and her decision to become a vowed Sister. Join us on the journey of a lifetime! [Register here.](#)

Join our next Series of Hope Workshop - November 6

The U.S. East-West Province will host a workshop on civil dialogue, titled "*Series of Hope: Faith in Action*," on Thursday, November 6, from 6-8 p.m. ET / 4-6 p.m. PT. The format is carefully structured to encourage open conversation in small groups. Participants will learn about civil dialogue and engage in a structured, reflective discussion of how their faith backgrounds have influenced their social and political perspectives.



Thursday, Nov. 6
6-8 p.m. ET | 4-6 p.m. PT

Please be sure to [RSVP](#) on our website by Nov. 4.



***Follow us on our social channels
and be sure to [sign up NOW](#) to get the Winter issue of Sowing Goodness magazine in
your mailbox.***

Highlights from Across the Province

Sister Anne Donovan, SNDdeN Joins Athletic Hall of Fame at Emmanuel College

Congratulations to Sister Anne Donovan, SNDdeN, who was inducted into the Athletic Hall of Fame on October 18 by her alma mater, Emmanuel College in Boston.

A lifelong sports fan, Sister Anne played basketball at Emmanuel from 1958-61. Still, she is best known for helping transform the school's athletic program as Vice President of



transform the school's athletic program as Vice President of Finance, a role she held until her retirement two years ago. Her contributions include leading the development of a modern recreation center and a \$4 million renovation of the athletic facilities.

South Boston Park Honors Sister Mary Veronica Park, SNDdeN

When in South Boston, be sure to visit Sister Mary Veronica Park! The city acquired the "pocket park" from the Archdiocese of Boston, ensuring its preservation as a permanent open space and protecting it from developers.

Several Sisters attended the rededication ceremony in September, hosted by Boston Mayor Michelle Wu to honor Sister Mary Veronica, SNDdeN. Sister Mary Veronica was born in South Boston and passed away at the young age of 40. Her park was first dedicated in 1968 and is maintained by volunteers in the neighborhood.

Enjoy the park's shade trees and benches in South Boston at the intersection of West 8th, F and Grimes streets.



Our New Website is Live

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Learn about our Sisters, our Mission and our Ministry

We're proud to announce that the U.S. East-West Province has a new website! You can



snddeneastwest.org

check it out and learn more about the Sisters of Notre Dame de Namur, their history and mission.

Bookmark snddeneastwest.org and come back often for news about our ministries and beloved Sisters. You'll also see opportunities to join us at upcoming events, such as the Series of Hope workshop on November 6. Stop by and take a look!

Happy 185th Anniversary to the SNDdeN in the U.S.!

October 31 is a special day for Sisters in the United States. On this day in 1840, eight Sisters journeyed from Belgium by ocean liner to the U.S. with instructions to begin the Congregation's first expansion outside the original mother house. They landed in Cincinnati before expanding to the northeast less than a decade later, while in 1843, more Sisters traveled from Belgium to the Pacific Northwest. Today, Sisters have made their mark on schools and communities from coast to coast, including Hawaii and Alaska. Cheers to 185 years of impact in America!



[Read more about our history in this article by Sister Maria Delaney, SNDdeN.](#)



Highlights from our Learning Communities

Students "Adopt" Sisters in Belmont

Eleven students at Notre Dame High School in Belmont, California, were matched with Sisters at the Belmont Province Center in a brand-new "Adopt-a-Sister" program. Over cookies and coloring pages, they introduced themselves at a meet-and-greet in October. We are excited to share leadership opportunities and St. Julie's charism with NDHS students, so please join us in praying that our good God blesses these new





friendships.

Insightful Conversations Mark the UN Day of the Girl Child



As Sisters of Notre Dame de Namur, we believe girls are worth investing in to create a more equal, just and hopeful world. Since our founding in 1804, we have advocated for girls to have quality education and opportunities. In honor of the UN Day of the Girl Child, we hosted a Zoom call with several SNDdeN schools, during which students presented on topics including the value of women's education today and the education crisis in Afghanistan. Thank you to the young women at Notre Dame Academy (Worcester, Massachusetts), Notre Dame Academy (Hingham, Massachusetts), Maryvale Preparatory School (Lutherville, Maryland), Notre Dame High School (Belmont, California) and Mount Notre Dame (Cincinnati, Ohio) for sharing your perspectives.

Women of Impact Honored in San Jose

On October 17, Notre Dame San Jose High School



On October 17, Notre Dame San Jose High School hosted its 17th annual Women of Impact event. First, a morning assembly led by students honored two women, Judge Erica Yew and alumna Dr. Sejal Hathi '09, for their impact in the community. The celebration continued at a luncheon downtown, where the honorees spoke about their professional journeys and shared reflections on the event's theme, Bloom. Many Sisters of Notre Dame de Namur attended, along with sponsors, elected officials and parents—proceeds from the event benefit tuition assistance programs.



We Prayfully Remember



Sister Barbara Kavanaugh, SNDdeN

Sister Barbara Kavanaugh, SNDdeN went home to her good God on October 18 at age 96 after 78 years of religious life.

Sister Barbara dedicated over 30 years to teaching across California and Washington. Her passion for the arts infused her classrooms with creativity and ensured an enduring influence on students. She was known as a modern, strong-minded woman who cared deeply and inspired confidence in others.

Sister Barbara later worked in the Sisters' finance office with the same devotion and care. You can read more about her extraordinary life [here](#).



OUR CALL TO ACTION

JOIN US

WAYS TO GIVE

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U.S. East-West Province

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Making known God's goodness

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